



Upcoming News and Events!
A Positive Path for Spiritual Living



Submitted by the
West Central Region (WCR)
and Unity Centers in our Region

**Go to Unity West Central
Region's Website
and see what we can offer you!**

<http://www.unitywestcentralregion.org/>

MLT and Key Leader Event Testimonials...



"This mission-centric program was absolutely perfect for what we're going through in our center right now. Through thoughtful discussions guided by Revs. Joe and Vicky, we received relevant information to carry us forward in the evolving paradigm shift of the Unity Movement." – Unity of the Sierra

"This workshop was extremely helpful to us at Unity of Stockton, as we are currently in the process of revising our mission statements." – Kathy Engelstad

"Joining a gathering of ministers, licensed teachers and other key leaders at the regional level is a wonderful way to apply what we're learning in class for practical, real-world situations. It's also a great opportunity for fellowship and fun." – Theresa Burton, LUT, UWSI 3rd year ministerial student



Minister and LUT Event
Thursday, October 11 & 12



Unity of Monterey Bay
601 Madison St.,
Monterey, CA 93940

LUT Representatives

Laura Taylor, LUT and Laurie Minsal, LUT

Hopefully you've turned in your Annual LUT Reports in by March 30th!

Licensed Unity Teachers (LUT) are credentialed leaders in the Unity movement who serve in four specialty areas: Administration, Adult Education, Pastoral Care and Youth & Family Ministry.

While some LUT's serve as Spiritual Leaders for Unity Ministries that do not have an ordained minister, most serve as part of the team with a minister.

The Spiritual Education and Enrichment (S.E.E.) program offered at Unity Village offers the required training to become an LUT. The 250 hours program of study includes the teaching of Unity principles and leadership training.

WEBINARS AND SEE CLASSES

The Webinars also have SEE Credit

(Alphabetical order by city):

Unity Spiritual Center of San Francisco (Ocean St.)

April 3 - May 8

Tuesdays, 6:30-8:30 p.m.

Lessons in Truth

Facilitated by Rev. Maggie

Lessons in Truth is a clear, concise representation of New Thought philosophy and metaphysical Christianity. The spiritual concepts presented in the 12 lessons of the book show us how to increase our personal empowerment and enhance our spiritual growth. The author, Dr. H. Emilie Cady, teaches that our lives can be transformed by the power of our thoughts, words, and beliefs. She encourages us to find our truth as it is written in our own hearts and then apply these truths in every area of our lives.

There is no set fee for this class; a love offering is taken. Copies of the book are available in the Bookstore and will be available in class for a discounted price. For more information, call or email us, or simply come join us! All are welcome.

Unity Church in Redding (Redding)

Sundays, April 8 -May 20, 12:00-2:00pm and

Wednesdays, April 11 -May 23, 5:30-7:30pm (7 Weeks)

The Power of Positive Prayer

Facilitated by Carolyn Warnemuende and Ken Ficklin

This six-week class is based on Hypatia Hasbrouck's "Handbook of Positive Prayer." Ms. Hasbrouck guides us through a powerful seven-step prayer model and shares the benefits of visualization, prayer journaling, use of affirmations and denials, and other special prayer treatments and techniques.

The book is \$12 and can be purchased through UCIR.

All classes are given on a love offering basis.

Unity of Roseville (Roseville)

Thursday, April 5 ~ May 10

Lessons in Truth

6-Week Class

Facilitated by Rev. Mary Lacalle

Thursdays: 6 - 8 PM

EVENTS THROUGHOUT THE WEST CENTRAL REGION

(Alphabetical order by city):

Events and Class held in WCR in alphabetical order of City

Unity Center of Davis (Davis)

Saturday, April 21, 1:00-3:00pm

Writing Workshop: Haiku as a Spiritual Practice.

Immerse yourself in Haiku in our two hour playshop. Haiku is a poetry form that, used as a spiritual practice, helps users focus on living in the present moment. It can help slow down your busy life by focusing on one moment to reach a fuller sensory experience and richness of that moment. The class is open to non-writers /non-poets as well as experienced writers/poets. Location: Tandem Properties, 3500 Anderson Blvd., Davis. Cost: Free (donations welcome). Facilitators: Susan Lee Roberts, Rev. Robyn Plante. Space is limited - please reserve your seat: admin@unityofdavis.org

Saturday, April 28

Women in Spirit – 11:15 to 1:30.

WOMEN and MEN: come join our free tour of the Manetti Shrem Museum of Art, where a special exhibit of artist Wayne Thiebaud is being displayed. Please sign up at the Welcome Table (we need ten people to qualify for the tour). You are invited to bring a sack lunch or snack to enjoy after the tour as we sit in

the shade having a lively discussion. Water will be provided. Meet outside the front door of the museum – 254 Old Davis Road on the UC Davis Campus (parking is free on Saturday). \$5 optional love offering. Questions: contact Joy at joyduffy@att.net or (916) 567-9940.

Unity of the Gold Country (Grass Valley)

Saturday, April 14, from 1:00-4:00pm

Healers in Unity Community Clinic

Join us at the Unity in the Gold Country Community Clinic. Four healing modalities are featured:

1. Bowen Therapy provided by Greg Plank. Greg has practiced since 2005. He is also a Certified Massage Therapist and a Reiki 3 Master.

2. Energetic Chiropractic Healing provided by Lorre Eaton. Lorre is a licensed chiropractor, massage therapist, and Certified Energy Health Practitioner. She has been involved with mind/body work since 1986. She specializes working with people who believe there may be some emotional baggage associated with chronic problems.

3. Healing Touch provided by Claire Palmerino and her Healing Touch team. Claire began studying Healing Touch in 2012 and has recently earned the title, Healing Touch Practitioner. She often brings a team of Healing Touch light workers so that we can offer as many sessions at the clinic as possible.

4. Spiritual Readings provided by Sadye Reddick. Sadye is deeply experienced in the area of spiritual counseling, having worked in this arena for over 45 years. She offers three types of readings: Past Life, Chakra Cleansing, and Soul Card readings. She is a licensed minister and spiritual counselor.

The Energy Therapy Community Clinic offers approximately 12-15 sessions which often completely book in advance. To reserve a specific time and modality, call Claire Palmerino at (530) 802-5009 (no texts).

Walk-ins are welcome but an open slot cannot be guaranteed.

Tuesday, April 3rd, 4:30 - 6:30.

Beyond Guilt: Embodying Innocence and Unity

This series of classes will be led by Savannah Hanson, M.A., MFT, Cellular Release Practitioner. During this series you will explore integrating the pain-body, shifting limiting beliefs, embracing self-love and innocence, committing to radical trust and more. The introductory class will be Tuesday, April 3rd, 4:30 - 6:30. The series will continue every Tuesday until May 15th, 5:00 - 6:30. First class alone is \$35, or plan to attend the entire series for \$195. To register or for questions, contact Savannah Hanson at 530-575-5052 or RisingasLove@gmail.com. There is also a sign-up sheet on the table in the back of the sanctuary.

Unity of Modesto (Modesto)

Thursday, April 19 - May 24

2:00pm - 4:00pm or 6:30pm - 8:30pm

Robert Brumet's "Finding Yourself in Transition:

Using Life's Changes for Spiritual Awakening" with Rev. Cindy Farris

\$60 Love Offering. This class counts as an Elective for SEE (Unity Training) credit if desired. There is a sig-up sheet in the back of our sanctuary, or call Laura in the office to be added. We ask that everyone sign up no later than April 12th, so we can be sure to order enough books. Books will be available for \$12.50 through our Unity Bookstore. Please sign up and pay in advance so we can be sure our order comes in on time.

Unity of Palo Alto (Palo Alto)

Sunday, April 22 @ 10:00 am

Ordination Service

Rev. John's journey through the Unity Field Licensing Program concludes with his Ordination at a special Sunday service at Unity Palo Alto. We invite you to come celebrate as a community and as family as Rev. Becky Whitehead officially ordains John.

Friday, April 20, 6:00 pm

Gala Celebration

Celebrating Rev. John's Ordination. The Gala is set in the beautiful Palo Alto Hills and includes a delicious sit-down dinner, a host bar, and dancing to your favorite tunes with live music from your favorite people – Margo LeDuc, Russell Norman, and Ron E. Beck.

The fun continues with a live auction for several wonderful items that have been donated specifically for this event. Everyone is welcome!

\$35 Early Bird Tickets through 4/1

\$50 Tickets after 4/1

Buy your early bird tickets today!

Unity of Roseville (Roseville)

Sunday, April 22 at 12:00pm

Divine Healing Workshop

Facilitated by Toni Carter

Becoming a Prayer Chaplain

Orientation: Sunday, April 15 (following Sunday service)

Training: Friday thru Sunday, April 27 ~ April 29

Retreat: Saturday, May 5 (Mercy Retreat Center in Auburn)

Installation: Sunday, May 6 (during Sunday service)

Unity Spiritual Center of San Francisco (Ocean St.)

Sunday, April 15; 1 to 3 p.m.

My New Story Workshop

With Susyn Reeve

In this workshop, participants will learn how to:

- Articulate visually and in words their new story
- Be awake to the beliefs that sabotage them
- Have a "bag of tricks" to transform the obstacles into stepping stones
- Have a support buddy to stay on track.

The cost of the workshop is \$20 and includes a take-home workbook.

Unity Spiritual Center of San Jose (San Jose)

Saturday, April 7 10:00-11:15am

Gong Journey Work

Rev. Todd Glacy

Cost: \$25/person

This amazing workshop combines core elements associated with both ancient and modern "transformational" practices. Gong Journeywork™ is a powerful personal "Wisdoming" process that goes beyond the typical ego-conscious mind to a more deeply relaxed, peaceful and open state of mind where one's own Divine Inner Guidance is more easily accessible. From this state of awareness, all manner of vision, insight and intuition become available for you to "channel" in order to move towards true health, happiness and well-being.

A typical Gong Journeywork session includes (the playing of one gong): •Centering and Identifying your Authentic Question •Guided relaxation/visualization •Gong Journey experience •Journaling •Group processing/sharing Don't forget to register today:

<https://www.eventbrite.com/e/gong-journeywork-workshop-tickets-43418441728>

Sunday, April 29 10:00-5:00pm

FEMININE POWER RETREAT-"THE POWER OF HEALTH AND BEAUTY"

Held at the home of Rev. Rita Marie in Gilroy.

The cost is \$35. Call 214-458-4345 for further information.

Unity at the Lake (Tahoe)

May 18-20, starts at 5:30pm

Unity Regional Men's Retreat

Zephyr Point, Lake Tahoe

Fee: \$100 before 4/20/18

\$150 after 4/20/18

Contact Rick Arnold at 775-720-3907 or rick.nvo@gmail.com

Send application to phussmann@yahoo.com

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