



Upcoming News and Events!
A Positive Path for Spiritual Living



Submitted by the
West Central Region (WCR)
and Unity Centers in our Region

**Go to Unity West Central
Region's Website
and see what we can offer you!**

<http://www.unitywestcentralregion.org/>



Note to Ministers!

In an effort to reach out to future leaders of your congregation please forward the WCR Newsletter to your Lay Leaders so they can know what is going on in the West Central Region for SEE Classes and Regional Events.

Thank you!



Attention LUTs!

If you have any questions or needs please email us at the addresses below. All information is confidential. Each month we will offer an LUT tidbit from Unity.org.

Patience + Perseverance + Practice = Pleasure in Life

Keeping our energy flowing assists the health in our physical bodies including the brain for clarity of thought. Here are a few ideas to release stress, shift back to center, and reinvigorate your physicality.

Laura Taylor / Regional LUT Representative / taylorlaura@mac.com

Laurie Minsal / Regional Co-LUT Representative / spirit101@Qnet.com

<http://www.unityworldwideministries.org/sites/unityworldwideministries.org/files/H%26WMovementMatters.>

pdf



Minister and LUT Event
Thursday, October 11 & 12



Unity of Monterey Bay
601 Madison St.,
Monterey, CA 93940

WEBINARS AND SEE CLASSES

The Webinars also have SEE Credit

(Alphabetical order by city):

Sunday, July 1, 6 and 7

Metaphysics I (for SEE Credit)

Unity of San Francisco (2222 Bush St.)

Learn from one of the most prominent and respected teachers in Unity today, Paul Hasselbeck. He will be speaking at the Sunday Service on July 1. Class schedule below

Sunday, July 1 – 1-3pm

Friday, July 6 – 6:30-9pm

Saturday, July 7 – 10-4pm

Tuition for the whole series is \$150, and it can be paid through our website by clicking here:

<https://www.unitysf.com/metaphysics-i-paul-hasselbeck>. He will also teach a yet-unannounced workshop on Sunday, July 8th from 1:00 - 3:00 PM. Feel free to contact Alex Gilliam, COO at Unity San Francisco, if you have any specific questions. The church phone number is 415-474-0440 and Alex's email is alex@unitysf.com.

EVENTS THROUGHOUT THE WEST CENTRAL REGION

(Alphabetical order by city):

Events and Classes held in WCR in alphabetical order of City

Unity Center of Davis (Davis)

With much gratitude for her four years serving at Unity Center of Davis, Rev Robyn Plante will be leaving as Senior minister to answer the call to write, teach, and spend time with family this year. Her last Sunday will be June 10, 2018.

Saturday, June 9

9:45-11:45am

Women in Spirit

Making Vision Boards to help us see and attract the best in our future. Short meditation precedes. Men invited too! Bring your old magazines for clipping & sharing. Poster board & glue sticks will be provided. Location: Donna Tweltridge's home in Davis. Sign up at the Welcome Table or contact Leader Caroline Tollefson at 916-993-8196 or email at earth2caroline@gmail.com.

Unity in the Gold Country (Grass Valley)

Saturday, June 9

1-4pm

Energy Therapy Community Clinic Healers in Unity

Four healing modalities are featured:

1. Energetic Chiropractic Healing
2. Bowen Therapy p
3. Pranic Healing
4. Spiritual Readings

To reserve a specific time and modality, call Claire Palmerino at (530) 802-5009 (no texts). Walk-ins are welcome but an open slot cannot be guaranteed, so calling in advance is strongly recommended.

Wednesday, June 13

7-8:30pm

Shamanic Circles

In the quest to deepen the levels of self-discovery and to understand our relationship with creation, we travel to non-ordinary reality through the ancestral practice of Shamanic journeying and drumming!

Ages 4-12

Monday, June 18th - Wednesday, June 20th

9am - 12 Noon

Second Annual UGC Spay Academy

At the Unity in the Gold Country Spiritual Center

Fee: \$20 for first child in family; \$10 for each sibling

Theme: Becoming a Secret Agent

Spy training will include: activities that build strength and agility, games that improve listening and observation skills, fun with clues and codes, craft activities, stories, snacks, music and more. Spy Academy graduates will know how to send an emergency message with Morse code, read forensic dental clues, send secret messages and work as a team. Please contact Heather Buck at heather.buck@hughes.net or (530-798-1170) for the registration form, or more information

Unity of Palo Alto (Palo Alto)

Saturday, June 2

9:00 am – 12:30 pm

Freedom for Mind, Body and Spirit

With: Martha Creek & Amitabhan

Cost: \$50 (\$35 for students)

Register: <https://www.unitypaloalto.org/freedom-for-mind-body-and-spirit/>

This transformational workshop is designed precisely for a time of rapid changes and supports participants to:

- Develop courageous patterns of relating
- Learn to focus on strengths & cultivate options for future
- Boost confidence in responding to life's challenges
- Learn to lead with calm connectedness
- Gain skill/mastery in staying present during difficult times

Unity of San Francisco (Ocean Ave.)

June 21, 7-9:30 pm

June 22, 7-9:30 pm

June 23, 10am-12 noon & 1-4 pm

Reiki I Class at USC

Reiki Master Sheryl Hodgins will again offer her popular Reiki I class in June at Unity Spiritual Center. Reiki is a gentle and powerful hands-on vibrational energy healing that encourages balance in mind, body, and spirit. Your investment of \$150 include 10 hours of instruction and practice, four initiations, a booklet, and a certificate of completion. A sign-up sheet in in the back of the Sanctuary.

Unity of San Jose (San Jose)

Saturday, June 2

10:00am Guest Speaker – One Heart at a Time (1195 Clark St.)

1:00pm Workshop - Passion, Purpose and Joy (at Denny's)

One Heart At A Time with Karen Drucker

New Thought speaker and musician, Karen Drucker will guest speak and do the workshop, \$20 or whatever you can afford. You can sign up on Eventbrite

<https://www.eventbrite.com/myevent?eid=46341561859> or pay at the door.

Tuesday, June 5

7-9pm

Heart-Centered Purpose Group

Our Heart-Centered Purpose Group is led by Rev. Rita Marie. We will meet at the home of Maryanne Babiarz.

Saturday, June 9

7pm

MOVIE NIGHT

The movie is "Off the Menu" is a feature film is about a feisty female chef known for the best authentic food

in all the Southwest. She falls for the unlikely heir to a Mexican fast-food restaurant. Come join us at Laura Chasmar's home to find out what happens next!

Unity Church of San Leandro (San Leandro)

Wednesday, May 30 – June 6

7:15-8:30pm

Spiritual Laws of Prosperity

Rev. Diana

A new class for those interested in Unity teachings.

Wednesdays, June 27 – July 25

7:15pm-8:30pm (No class on July 4th)

Unity Basics

Unity at the Lake (Tahoe)

New!

Tuesday, June 5 (Every Tuesday)

6:30-8pm

Walks with the Ministers

During the summer we'll stroll through Tahoe's beauty and enjoy each other's company. June 5th, we'll meet at TJ Maxx's parking lot. Please be there in time to head out from there at 6:30. If you plan on joining us on any subsequent Tuesday night, please check UATL's FaceBook page that day for location/meeting place. If you don't do Facebook, call or email Revs Bittman

Unity of Stockton (Stockton)

Sunday, April 29 – Oct 28

Lessons in Truth (6 Monthly Sunday Afternoons)

Facilitated by Rev. Dr. Gail Derin & Rev. Sheila Johnson

Students will learn the essential metaphysical concepts, including the choice of freedom, the Spirit within, thoughts as instruments, the tools of denial and affirmation, spiritual gifts, the secret place of the Most High, the Silence, and expressing Oneness.

The "Lessons in Truth" book by Emilie Cady may be purchased at Unity of Stockton or online at SmileAmazon.com. Remember to type in Unity of Stockton as the charity of your choice to receive Amazon's contribution gift.

April 29 - Please read Chapters 1 & 2 ahead of time - Liberty or Bondage; Statement of Being

May 27 - Please read chapters 3 & 4 - Thinking; Denials

June 24 - Chapters 5 & 6 Affirmations; Faith

July 29 - Chapters 7 & 8 - Definition of Terms: Chemicalization, Personality Individuality; Spiritual Understanding

August 26 - Chapters 9 & 10 - The Secret Place of the Most High; Finding the Secret Place

October 28 - Chapters 11 & 12 - Spiritual Gifts; Unity of the Spirit

It is not necessary to attend all 6, unless you would like S.E.E. (Spiritual Enrichment Education) credit toward prerequisites for Unity Licensed Teacher or Ministerial programs.

\$55 in advance for all 6 classes.

Plus \$45 to Unity Village if you wish to register for S.E.E. credit. This is a S.E.E. elective.

Or \$10 per class for those who do not wish to attend all 6 classes, and for those who do not wish to receive S.E.E. credit.

Unity of the Valley Spiritual Center (Vacaville)

Thursday, May 31

1:30-3:30pm

Empowered Leading

Facilitated by Martha Creek

A leadership workshop experience especially designed for church leaders.

Would you like to lead your team with greater ease? Do you dream of better teamwork within the church?

Does a day of laughter, insight and growth appeal to you? More joy, peace and understanding in yourself and in your church? It's possible NOW, when we lead from an empowered place and encourage empowerment in others. Come and find that place in you and watch your church transform.

Love offering of \$20 is appreciated. No one turned away due to lack of funds. Early bird rate is \$15 if you pre-register @ <https://www.unityvacaville.org/> or www.marthacreek.com

Friday, June 8th

7:30pm

David Roth Concert

His songs have found their way to Carnegie Hall, the United Nations and more.

\$20 suggested love offering, no one turned away. www.davidrothmusic.com

Board Staff

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