



Upcoming News and Events!

A Positive Path for Spiritual Living



Submitted by the
West Central Region (WCR)
and Unity Centers in our Region

Go to Unity West Central
Region's Website
and see what we can offer you!

<http://www.unitywestcentralregion.org/>

Unity West Central Region's
Ministers and Licensed Unity Teachers Event

Thursday, October 11, 2018

9:00 am - 4:30 pm

Friday, October 12, 2018

9:00 am - 1:30 pm

Join us at

Unity of Monterey Bay
601 Madison Street
Monterey, CA 93940

Contact: Kris Krause: 47sweetpea52@gmail.com

Frank Krause: mlts.afco857@gmail.com

Topics that Unity Churches face in today's world!!

Thursday Morning

- Paula Schneider and Rev Richard Carlini will be taking us on a journey as we learn more about:

Death, Dying, and Grieving in America Today

Thursday Afternoon

We will have a panel discussion on relevant topics:

Using Technology: Rev Twyla Reece and Rev Richard Carlini

Small Circles: Rev Larry Schneider & Rev Sheila Johnson

Becoming Actively Inclusive: Rev Dinah Chapman

Friday

- **Vote for New Board Members**
 - **Financial and Budget Review**
 - **Regional Updates**
 - **Unity Worldwide Ministries Updates**
-

Attention LUTs!

Health and Wholeness: 2-Minute Renewal / Stress Relieving Tips

Check out this link:

<https://www.unityworldwideministries.org/sites/unityworldwideministries.org/files/H%26W2MinuteRenewal.pdf>

Greetings UWCR LUTs,

Hello from Laura and Laurie, your UWCR LUT representatives.

We hope and trust that you are well as we shift into the autumn season and would love to see you at the October MLT for more learning, sharing and laughter.

If you have any concerns or questions about being an LUT, or just want to say hi, write Laura Taylor at taylorlaura@me.com. Phone number is 415 494 5659 or Laurie Minsal at laurieminsal57@gmail.com or 661-478-2975.

We look forward to connecting with you!

Blessings,

Laura and Laurie

Note to Ministers!

In an effort to reach out to future leaders of your congregation please forward the WCR Newsletter to your Lay Leaders so they can know what is going on in the West Central Region for SEE Classes and Regional Events.

Thank you!

What is Unity EarthCare?

Maybe it's something to add to your ministry...

By embracing the vision of EarthCare you will integrate an earth-oriented spirituality into your ministry. Doing so will foster awareness of our spiritual oneness with our earth home and promote active care of creation. In so doing, you will be manifesting Unity's Fifth Basic Principle: Through thoughts, words and actions we live the truth we know.

By committing to and implementing rituals, ceremonies and practices that honor, protect and preserve the environment you will send a powerful message to your congregation that your ministry is committed to honoring, protecting and preserving our earth home and the living things that inhabit it. This message will help members better understand their connectedness to all of creation and how they can become better environmental stewards. Checkout this link: <http://www.unity.org/earthcare>

SEE CLASSES

(Alphabetical order by city)

None posted at this time

Events and Classes Region Wide

(Alphabetical order by city)

Unity of the Sierra (Carson City)

Wednesday, September 19 - October 26

6:30pm - 8:00pm

Mindfulness and Meditation Class

This 5-week class will introduce attendees to the practice of sitting, walking, and eating meditation, and teach participants how to bring mindfulness to everyday life. For more information email kathy@dharmazephyr.org or call 775-882-4980. Registration is encouraged.

Saturday, November 10

9:30am-12:30pm

Metaphysical/Mystical Bible Interpretation

Rev. Larry Schneider is facilitating. Suggested love offering of \$15.00/class

Saturday, January 12, 2019

9:30am-12:30pm

Prosperity Consciousness

Rev. Larry Schneider is facilitating. Suggested love offering of \$15.00/class

Saturday, February 9, 2019

9:30am-12:30pm

Prayer - From begging to beseeching to Silence

Rev. Larry Schneider is facilitating. Suggested love offering of \$15.00/class

Unity Center of Davis (Davis)

Last Call – 2 spaces left...

Monday, October 1 - November 5

7:00pm

Journey of Awakening

This is your opportunity to co-create an intimate weekly in-home small group experience to build spiritual awareness. Participants will read and discuss the book, "The I of the Storm: Embracing Conflict, Creating Peace" by Gary Simmons. *We're using the Zoom video meeting app, and our first meeting is Monday, October 1. Contact Audre at audre333@gmail.com to join us, or for more information.*

Unity of the Gold Country (Grass Valley)

Sunday, October 7

7 WEEK FALL PROGRAM

Is Your God Big Enough...

Facilitated by Rev. Jerry

The great thing about our Fall Study book "is your God Big Enough, Close Enough, You Enough?" is that it transcends and includes the old theology. It doesn't really throw anything out, but it certainly does reframe much of what we were taught, and makes it relatable in a very practical way that works for the times we live in. Whether it was scripture, Jesus, Church, patriarchal hierarchy or alienating gender language that caused us to shut down, all of these things can be reworked and reintegrated into a modern spiritual practice. We have groups forming in Nevada City, Grass Valley and the South County/Auburn areas. Groups are limited to 10 people each so please sign-up as soon as possible. The book is now available to purchase in the bookstore and comes with the companion booklet!

Unity of Modesto (Modesto)

Thursday, September 20 – November 1 (*No class October 13*)

2 sessions available

2:00-4:00pm

6:30-8:30pm

Unity Prayer

Unity is founded on healing, prayer and meditation. A prayer practice is a way of making a difference without leaving your home. This course on prayer is designed to introduce you to the Unity method of affirmative prayer. We will also explore the "traditional" Unity Five Step prayer process. As we immerse ourselves in the "structure" of prayer, we will also support each other in creating a daily prayer practice and move more into the comfort of prayer in our lives. This class counts for SEE (Unity Training) credit if desired. Cost: \$60 for 6 wk. class/\$15 Drop-In

Spiritual Life Center (Sacramento)

Fri, Sat, Sun, October 5, 6, 7

Don Jose Ruiz; A Toltec Weekend of Ritual and Sound

Friday Session: \$40 separately

Saturday Session: \$150 separately

Friday & Saturday Package: \$165 Early Bird

(Early Bird rate ends 9/22); \$180 after

Spiritual Life Center

2201 Park Towne Circle

www.slworld.org 916.448.6508

Fri, Oct 5, 7:00pm-9:00pm

Circle of Fire – enter the temple of your Being for a ceremony of Self-Communion. don Jose weaves spoken wisdom as Paula & Catherine Mandella offer ceremonial sounds. Bring what is ready to change and be released into the element of Fire. Powerful tribal drumming and guided meditation aid in uncovering anything

obstructing your life of unconditional love.

Sat, Oct 6, 10am-4:00pm

Practice for Creation – don Jose is joined by Mary Youngblood, Grammy award winning Native American flutist as they weave vibrational flute magic alongside the Wisdom of the Toltec! This is a daylong practice of creating your personal blueprint. A ceremony of communion and a spiritual wedding of Self, Spirit, Mind & Body. Learn to use the Love within to create your masterpiece of art, your life.

Sun, Oct 7, at 9:00am and 11:00am

Finding Your Own Truth: The Universal Wisdom Within – don Jose is our guest speaker offering both the message and meditation. Mary Youngblood brings her flutes to join our music team. All are welcome to this magical day of Toltec Wisdom and Native American flute. Love offering taken during service.

Unity of San Francisco (Ocean Ave.)

Tuesday, September 25 – October 30

6:30pm-8:30pm

Twelve Steps to a Compassionate Life – by Karen Armstrong

This book provides a practical guide to making the world a more compassionate place.

Participation in the book-study group will close following next Tuesday's session, so do plan to come and see why participants in these groups feel so strongly about attending--it's a wonderful way to deepen your spiritual life and your USC friendships!

Sunday, October 14

4:00-6:00pm

Fall Concert

Come hear dynamic performers Karen Drucker, Patrick Maier, Liz Kessler, and our own Michael Hatfield as they have us dancing in the aisles once again. Tickets are \$25 in advance and \$30 at the door; and a portion of the proceeds will be donated to the Kenneth Coleman Scholarship Fund at Alcorn State University. You won't want to miss this amazing afternoon of music and fun...can anyone say "Conga Line"?

Unity Spiritual Center of San Jose (San Jose)

Tuesday, October 23

5:30-8:30pm

Walden Award – Live Stream

Rev. Rita Marie has been named a New Thought Walden Award honoree for 2018. The honorees will also be featured in a live online summit where each will talk briefly about what they do and why they do it.

Sunday, October 28

10:00am-5:00pm

Feminine Power Retreat

This time the theme is The Power of Our Own Direction. Marianne Williamson said, "...the reason we haven't found our grail, the key to who we are as women, is because we look for it in a world of false power, the very world that took it away from us in the first place. Neither men nor work can restore our lost scepter. Nothing in this world can take us home. Only the radar in our own hearts can do that."

Rev. Rita Marie will lead us in exploring our own directions. Each participant is invited to bring a dish to share that expresses who she is. In addition, each woman is invited to wear something, such as a piece of jewelry or a blouse, etc. that expresses her direction. Rev. Rita Marie's home in Gilroy.

Unity of Walnut Creek (Walnut Creek)

Saturday, October 6

10:00 am – 12:00 pm

Blessing of the Animals

<https://www.unityofwalnutcreek.org/blessing-animals>

Preceded by a 3-week book study on St. Francis, Brother of Creation

<https://www.unityofwalnutcreek.org/saint-francis-assisi-brother-creation-book-study>

Unity of the Valley Spiritual Center (Vacaville)

Saturday, October 6

10:00am-2:30pm

Fall Reflections Living Gratitude Retreat

Led by Rev. Dalia Adams

This retreat is a complement to our Fall Reflections Book Attitudes of Gratitude by MJ Ryan. A sign up is available on our website <https://www.unityvacaville.org/civicrm/event/info?reset=1&id=1927>

please bring a sack lunch this retreat is offered with a suggested Love Offering of \$35, no one turned away.

Saturday, October 13

8:30am Registration

9:00am-4:30pm

A.R.E. Event

Edgar Cayce on the Mysteries of Your Mind with Gregg Unterberger.

Access the Amazing Full Potential of Your Higher Mind! What if we could uncover our spiritual destiny? What if we clearly understood our karmic lessons? What if we could shift into deep meditation just by just flicking a switch? What if ordinary people could make contact with the other side? You may be surprised by the answers to these questions. <https://www.edgarcayce.org/events/event-listings/conferences/u-s-conferences/edgar-cayce-on-the-mysteries-of-your-mind-with-gregg-unterberger-in-vacaville-c>

Saturday, October 27

9:00am

Walk to End Alzheimer's

Team Leader Bob Panzer Team Unity has grown to become one of the leading Solano County Walk fundraising teams! In addition, Unity of the Valley has sponsored the Walk for the past 5 years, enabling us to have a display table on Sponsor Row. This year we encourage other faith-based organizations in the county to create Walk teams to promote awareness about Alzheimer's! http://act.alz.org/site/TR/Walk2018/CA-NorthernCaliforniaandNorthernNevada?team_id=453704&pg=team&fr_id=11083

Board Staff

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