



Upcoming News and Events!
A Positive Path for Spiritual Living



Submitted by the
West Central Region (WCR)
and Unity Centers in our Region

Go to Unity West Central

Region's Website

and see what we can offer you!

<http://www.unitywestcentralregion.org/>

BREAKING NEWS

Ministers and Licensed Unity Teachers Event!

October 12 & 13

Unity of the Valley Spiritual Center

350 N. Orchard Avenue

Vacaville

The program presenter will be our own Rev. Sonya Milton with "Healthy Boundaries", and Rev. Mark Fuss and Jim Blake will participate in our business meeting. You won't want to miss this excellent opportunity to connect with the leader of Unity and to learn and grow with an amazing minister from the West Central Region. For the brochure/registration form, click [here](#).

Jesus' Teachings

August 30; September 6, 13, 20, 27

Wednesdays, 7:00-9:00pm

Monterey (Unity of Monterey Bay)

With Rev. Vicky Elder

Grand Opening

Saturday, September 16 at 10am

Unity Spiritual Center of San Jose

1195 Clark St

San Jose

Come celebrate with us at our new location! Our Saturday service features, [Karen Drucker!](#) On top of that, there's a free lunch at 11:30am!!

Peace in the Midst Retreat

Saturday, September 16

Unity of Palo Alto

This will be a follow-on to World Day of Prayer, so if you would like to continue that consciousness, please

consider attending. Rev. John Riley, Amitabhan, Cheryl Branco and Karen Villanueva will be leading this retreat. Registration requested at <http://www.unitypaoloalto.org/retreat2017/>.

Youth Ed Training

Saturday, September 16 at 10am-4pm

Unity of Sacramento

Bethany Hannon and Sojourner Zink will be leading this training. From Sojourner: *Unity of Sacramento will be hosting a day training workshop, starting at 10am, to 4:30pm. One of Unity's tenured and current YE Regional Consultant, Bethany Hannon will lead us in lessons on building a curriculum from resources we already have, working with Living Curriculum, and incorporating the arts into our Sunday mornings. We will break at 1pm for lunch and refreshments. Coffee and snacks will be provided, but attendees are encouraged to bring a sack lunch or attendees can purchase sandwiches across the street at Togo's. Please RSVP no later than Sunday, September 10th, if at all possible, by contacting me at szink@unityofsacramento.com or 626-340-7230.*

Twelve Powers Course By Dr. Paul Hasselbeck

Tuesday, September 5 & Wednesday September 6, 10am-4pm

Unity of Marin

SEE credits will be available. Registration and pre-reading are requested. To register, go to https://unityinmarin.ccbchurch.com/form_response.php?id=280. The highly suggested pre-reading is *PowerUP* by Rev. Hasselbeck and Cher Holton. The class will also use *The Twelve Powers* by Charles Fillmore.

Information about the class from <http://www.unityinmarin.org>: "Change your mind, change your life! But how? Learn about Unity's method of raising consciousness - the 12 Powers. Discover this powerful tool for being the Christ, Higher Self, the exceptional you! The 12 Powers is an operating system for our minds for eliminating unwanted thoughts, ideas, beliefs and images while acquiring better ones. If you ever wondered how to change your mind or raise your consciousness, this is the class for you."

Raising Consciousness By Rev. Paul Hasselbeck

Monday, September 11, 11am- 1pm

Unity of San Francisco (Bush St.)

Unity Spiritual Principles and Spiritual Laws

By Rev. Paul Hasselbeck

Monday, September 11, 6:30-8:30pm

Unity of San Francisco (Bush St.)

Moving to New Location!

Wednesday, November 1

Unity at the Lake (South Lake Tahoe)

They will be moving to the "Y" – 895 Emerald Bay Road, South Lake Tahoe, CA. It is the building on the right, 2nd floor.

Seeking Musicians!

Unity at the Lake (South Lake Tahoe)

Unity Spiritual Center of San Jose

Seeking musicians for their Sunday (Lake) and Saturday (San Jose) services. If you know of anyone who might be interested or know someone who knows someone who... You get the picture... Please contact bittmanbliss@att.net (Lake) or ritamarieunity@gmail.com (San Jose).

Did you know there is a

SPEAKERS LIST on the WCR website?

Yup. If your ministry needs a guest speaker, this is a great place to look:

<http://www.unitywestcentralregion.org/speakers-list>. There are 22 people currently on the list. Most of them are either Unity Ministers, LUT's, or in training, and there are a few Interfaith Ministers who have served Unity ministries or have been recommended by Unity Ministers. Please bookmark this page and check this valuable resource the next time you need a guest speaker!

WEBINARS AND SEE CLASSES

(the Webinars also have SEE Credit)

Webinar - Connection Practice Foundations Course, Part 1 (of 3) - The Connection Practice

September 14, 21, 28; October 5, 12

Thursdays, 5:30-7:00pm Pacific

Taught by Rev. Rita Marie Johnson

To register and for more information: <https://connectionpractice.org/webinar-part1/>

Webinar - Connection Practice Foundations Course, Part 2 (of 3) - The Connection Path

October 19, 26; November 2, 9, 16

Thursdays, 5:30-7:00pm Pacific

Taught by Rev. Rita Marie Johnson

To register and for more information: <https://connectionpractice.org/webinar-part2/>

Webinar - Connection Practice Foundations Course, Part 3 (of 3) - Connection Mediation

2018 - January 11, 18, 25; February 1, 8

Thursdays, 5:30-7:00pm Pacific

Taught by Rev. Rita Marie Johnson

To register and for more information: <https://connectionpractice.org/webinar-part3/>

EVENTS THROUGHOUT THE WEST CENTRAL REGION

(Alphabetical order by the ministries' city):

Auburn (Unity of Auburn)

September 9

Women's "Creative Insight" Circle

September's topic is *Woman of Wisdom - Honoring My Inner Knowing*

Location: imagePathways Gathering Place, 461 Main Street, Newcastle

2nd Saturdays, 9:00am-4:00pm

September 12, 19, 26; October 3, 10

Insight Meditation

With Mary Helen Fein and Maeve Hassett

Registration requested by emailing either maryhelen@mtstream.org or maeve@mtstream.org

Tuesdays, 6:00-7:30pm

Novato (Unity in Marin)

September 17

The History and Memories of Unity in Marin

With Rita McClain

Sunday, 1:00pm

September 20, 27; October 4, 11, 18

Healing and Wholeness II

Consciousness and The Practice of Healing

With Rev. Medora Gordon

Wednesdays, 1:30-3:30pm

Palo Alto (Unity Palo Alto)

September 16

Peace in the Midst - A Meditation Retreat

With Amitabhan, Cheryl Branco, Karen Villanueva and Rev. John Riley

Saturday, 9:00am-3:30pm

Registration requested

Roseville (Unity of Roseville)

September 14

For World Day of Prayer...

There's No Place Like OHM - Sacred Chants and Music Meditations from Around the World

With Michael Bayard and Mary Youngblood

Thursday, 7:00-8:30pm

Sept. 6 - Oct. 18

Wednesdays: 1 -3 PM

Keys to the Kingdom

Prosperity Class

Facilitated by: Rev. Mary Lacalle

Sacramento (Spiritual Life Center)

September 16

The Q Process

With Rev. Louise Bezark and Elaine Laroa

Saturday, 9:00am-5:00pm plus 3 coaching sessions

Registration requested

September 17

Are You As Happy As Your Dog?

With Rev. Julie Interrante

Sunday, 1:00pm

Registration requested

Sacramento (Unity of Sacramento)

September 15 and 16

Retreat - So I've Got Self-Love - Now What?

With Anita Ross

To register, call 916-368-3950 (discounted until 8/30)

Friday, 6:30-10:00pm; Saturday, 9:00am-8:00pm

San Francisco (Unity San Francisco – Bush Street)

September 3, 10, 17, 24; October 1, 8, 15, 22, 29; November 5

Absolute Abundance

With Rev. Ken Daigle

Sundays, 1:00-3:30pm

September 6, 13, 20, 27

ReWrites Workshop

Meditation & Other Playful Spiritual Tools for Processing Life's Changes (and Losses)

With Rev. Eleesabeth Hager

Wednesdays, 6:30-8:00pm

Unity Spiritual Center of San Francisco (Ocean Avenue)

August 29; September 5, 12, 19, 26; October 3, 10, 17, 24, 31

Prosperity Plus (a new way of living)

With Rev. Maggie Oman Shannon

Tuesdays, 6:30-8:30pm

San Jose (Unity Spiritual Center of San Jose)

September 16 (Saturday)

Grand Opening and Free Lunch!

Guest musician is Karen Drucker

Service at 10am, Lunch at 11:30am

Santa Rosa (Unity of Santa Rosa)

October 1

Workshop: I Loved You Better Before - Why Did You Have to Change?

With Sonika Tinker and Christian Pedersen (they will also be the Sunday service guest speakers)

Sunday, 12:30-2:30pm

Walnut Creek (Unity of Walnut Creek)

September 11, 18, 25; October 2, 9, 16, 23, 30

Transform Your Life Through Self Love

With Kathleen Sims

Mondays, 7:00-9:00pm

September 11, 18, 25

Living Life With More Heart

With Carolyn Janson

Mondays, 7:00-9:00pm

September 12, 19, 26; October 3, 10, 17, 24, 31

Beyond "Not Good Enough"... Remembering Who You Are

With Jill Shinn

Tuesdays, 7:00-9:00pm

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Our Mailing Address for mail and tithes is NEW! *PO Box 2829, Santa Clara, CA 95055*

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