

Upcoming Events & News



A Positive Path for Spiritual Living



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January 2017 West Central Region Newsletter

Submitted by the
West Central Region (WCR)
and Unity Centers in our Region

**Unity West Central
Region's Website
and see what we can offer you!**

<http://www.unitywestcentralregion.org/>

Region-wide

January 13-15 at Unity of Sacramento

SpiritGroups Train the Trainer

The SpiritGroups small group ministry program has been developed by Mendhi Audlin, Licensed Unity Teacher, to equip individuals and organizations to grow through spiritual development practices and inspired service to others. The mission is to inspire infinite connections.

Registration is required.

Additional info and to register: <https://www.spiritgroups.org/store/knQhjYP5>

Friday, 6:00-9:00pm

Saturday, 9:00am-6:00pm

Sunday, after service-4:00pm (optional to attend Sunday service)

January 30-February 3, 2017

2017 Annual Summit

Making It Real: Living Our Unity Dream

(Formerly known as the Winter Meetings)

All are invited! This is not just for Ministers and LUTs.

Connecting Unity Leaders in contributing ideas and actions that forward the mission and vision of the Unity Movement.

[Register Now!](#)

<http://www.unityworldwideministries.org/annual-summit-information>

Monday, January 30, 9:00 a.m.-5:00 p.m.

UWM Board meeting

Monday Evening - 6:00 p.m.-8:30 p.m.

6:00 p.m. Opening Reception—Unity of Walnut Creek

7:30 p.m. Welcome and announcements

Tuesday, January 31, 9:00 a.m.-4:30 p.m.

9:00 a.m.–12:00 Noon General Session—Donna Johnson

12:00-1:30 p.m. Lunch Break

1:30-4:30 p.m. General Session—Donna Johnson

Wednesday, February 1

Bus tour of area churches

7:30 p.m. Closing Service—Unity of Walnut Creek

Thursday, February 2, 9:00-5:00 p.m.

Ministry Team meetings; UWM Board meeting

The following teams will be meeting:

Standards

Friday, February 3, 9:00 a.m.-12:00 Noon

UWM Board meeting

Save the Date – March 3 and 4

Board and Key Leader Event

Presented by Rev. Jim Lee
Additional details and exact times forthcoming

Weekly on Wednesdays at 2:00pm

Catch Rev. Maggie Oman Shannon's radio show, *Connection Art and Soul*
<http://www.unity.fm>

Arroyo Grande (Unity Five Cities)**January 18**

Movie Night – James Twyman's Film on Charles Fillmore, *The Twelve Powers*
Wednesday, 6:30pm
Peaceful Point – 2850 Peaceful Point Lane

Carson City (Unity of the Sierra)Prime Time Health Workshops

Presented by Melissa Bisera
Saturdays, 10:00-11:30am
January 7: Open Your Internal Pharmacy

January 14: Make Health Your Hobby

January 21: Move Waist from Your Waist

January 28: Live Without Pain and Inflammation

<http://unityofthesierra.org/prime-time-health-workshops>

Crescent City (Universal Heart Center) Not a Unity Church**January 11, 6:30-7:30pm**Meditations by Laurie

Facilitated by Laurie Minsal, LUT
Join us for a contemplative evening using the principles from The Course of Love, by Mari Perron. This includes a mini-lesson, candle lighting and a peaceful guided meditation.
625 2nd St, Crescent City, CA.

Davis (Unity Center of Davis)**January 29, February 5, 12, 19, 26**Life of Prayer Class

Taught by Rev. Robyn Plante
Sundays, 1:00-3:00pm
Location: UCOD Conference Room, 1260 Lake Blvd., Upstairs
<http://www.unityofdavis.org/events/calendar.html>

Monterey (Unity of Monterey Bay)**January 11, 18, 25, February 1**The Yoga of Christ: Hinduism and Christianity Meet

Facilitated by Dan Shafer
Wednesdays, 7:00pm

Novato (Unity in Marin)**January 8, 15, 22, 29, February 5**Putting Spiritual Principles into Practice

Taught by Rev. Bill Englehart
Sundays, 1:00-3:30pm
<http://unityinmarin.org/events/book-god-will-see-you-through-rev-mary-kupferle/>

January 18

Sound Healing – Didgeridoo and Flutes

Performed by René Jenkins

Wednesday, 7:15-8:15pm

<http://unityinmarin.org/events/rene-jenkins-sound-healing-didgeridoo-and-flutes-2/>

Palo Alto (Unity Palo Alto)

January 8, 15, 22, 29, February 5

The Four Spiritual Laws of Prosperity

Taught by Casey Wicker

Registration requested

Sundays, 12:00-1:30pm

<http://www.unitypaloalto.org/event/the-four-spiritual-laws-of-prosperity/2017-01-08/>

January 18, 25, February 1, 8, 15, 22

The Q Process

Taught by Rev. John Riley (certified Q trainer)

Registration requested, space limited

Wednesdays, 7:00-8:50pm

[http://www.unitypaloalto.org/event/the-q-process/2017-01-](http://www.unitypaloalto.org/event/the-q-process/2017-01-18/?utm_content=Frank&utm_source=VerticalResponse&utm_medium=Email&utm_term=Space%20is%20limited%2C%20register%20today%21&utm_campaign=Unchained%20at%20Unity%20Palo%20Alto)

[18/?utm_content=Frank&utm_source=VerticalResponse&utm_medium=Email&utm_term=Space%20is%20limited%2C%20register%20today%21&utm_campaign=Unchained%20at%20Unity%20Palo%20Alto](http://www.unitypaloalto.org/event/the-q-process/2017-01-18/?utm_content=Frank&utm_source=VerticalResponse&utm_medium=Email&utm_term=Space%20is%20limited%2C%20register%20today%21&utm_campaign=Unchained%20at%20Unity%20Palo%20Alto)

January 21

Unity Basics

Taught by Rev. John Riley

Registration requested

Saturday, 9:00am-5:00pm

<http://www.unitypaloalto.org/event/unity-basics/>

January 28

Present Moment Practice

Facilitated by Kevin Ott

Registration requested

Saturday, 10:00-11:30am

<http://www.unitypaloalto.org/event/present-moment-practice/>

Sacramento (Spiritual Life Center)

January 24, 31, February 7, 14, 21

Life of Prayer Class (Pre-registration required and **SEE credit available**)

Taught by Cindy Farris, LUT

Tuesdays, 6:30-8:30pm

<http://events.r20.constantcontact.com/register/event?oeidk=a07edlnrtl6b553d96&llr=ijtl4bab>

January 30, February 6, 13, 20

Mastery of Self Class

Taught by don Miguel Ruiz, Jr.

Mondays, 6:30-8:30pm

<http://events.r20.constantcontact.com/register/event?oeidk=a07edjkamhub42b9ee7&llr=ijtl4bab>

Sacramento (Unity of Sacramento)

San Francisco (Unity San Francisco – Bush Street)

January 11, 18, 25, February 1, 8, 22, March 1, 8, 15, 22 (no class February 15) OR

January 12, 19, 26, February 2, 9, 23, March 2, 9, 16, 23 (no class February 16)

Absolute Abundance

Taught by Rev. Ken Daigle

Registration requested

Wednesdays, 6:30-9:00pm OR

Thursdays, 11:00am-1:00pm
<http://unitysf.com/classes/absolute-abundance-2017/>

San Jose (Unity Spiritual Center of San José)

January 13

Journey with the Crystal Singing Bowls
Led by Mark Babiarz
Friday, 7:00pm
<http://www.unitysanjose.org/civicrm/event/info?reset=1&id=415>

January 29

Workshop: I Love You, You Drive Me Crazy
Facilitated by Sonika Tinker and Christian Pedersen
Sunday, 12:00-2:30pm
<http://www.unitysanjose.org/civicrm/event/info?reset=1&id=362>

Santa Maria (Unity Chapel of Light)

January 4, 11, 18 (no 25), February 2, 9, 16

Four Agreements Class
Taught by Rev. Julie Johnson
Wednesdays, 6:30-8:00pm
<http://www.unitysantamaria.net>

Stockton (Unity of Stockton)

January 8

Unity Basics Class
Taught by Rev. DeeAnn Weir Morency
Sunday, 12:00-1:00pm
<http://www.unityofstockton.com/events.html>

January 22

James Twyman's Film on Charles Fillmore, *The Twelve Powers*
Sunday, 12:00-1:30pm
<http://www.unityofstockton.com/events.html>

Walnut Creek (Unity of Walnut Creek)

January 14

Exploring Spiritual Citizenship Through the Wisdom Practice of Council
Facilitated by Rev. Kristin Powell, Ministerial Candidate
Saturday, 2:00-4:00pm
<http://www.unityofwalnutcreek.com/minister-search>

February 17, 18, 19

Self-Forgiveness: Letting Yourself Off the Hook
Facilitated by Rev. Sheila Gautreaux
Registration required
Friday, 2:00-9:00pm; Saturday, 9:00am-9:00pm; Sunday, 2:30-7:30pm
[http://www.unityofwalnutcreek.com/radical-self-forgiveness?ct=t\(\)](http://www.unityofwalnutcreek.com/radical-self-forgiveness?ct=t())





Our Mailing Address for mail and tithes is NEW! PO Box 2829, Santa Clara, CA 95055

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