

## Upcoming Events & News



**unity**<sup>®</sup>  
West Central Region

*A Positive Path for Spiritual Living*

***Happy New Year!***



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# **January 2016 West Central Region Newsletter**

**Submitted by the West Central Region (WCR) and Unity Centers in our Region**

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## ***Chaplain Changes***

As most of you know, I have been Chaplain for the West Central Region for a few years now. I have been offering prayers, confidential listening and loving support to ministers in our region.

Unity World Headquarters liked our idea of Unity ministers serving as Prayer Chaplains for ministers in the field. They have developed their own program and asked me to be a part of it. Since I am already your chaplain, I agreed. Instead of calling you quarterly, I will be contacting you monthly. I will call ten ministries a month and email prayers to the rest of the West Central Region and alternate who receives calls and emails.

Blessings,  
Rev. Margaret Flick

## **Calendar of Events**

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**Wednesdays, January 6 - February 3, 2016**

**6:30-8:30pm**

**The Untethered Soul**

**Unity of San Francisco, Bush St.**

A 5-week class taught by Rev. Dee Ann Weir Morency

<http://www.unitysf.com>

**Wednesdays, January 6 - February 3, 2016**

**7:00-8:00pm**

**30-Day Transformation**

**Spiritual Life Center/Sacramento**

Using yoga and philosophy, a 5-week service facilitated by Michael Fong.  
Registration is requested.

<http://www.slcworld.org>

**Thursday, January 7 - 28, 2016**

**6:30pm**

**How to Pray for Anyone, Anytime, About Anything**

**Unity of Oroville**

A 4-week class taught by Rev. Judi Elia.

<http://www.unityoforovillechurch.org>

**Saturday, January 9 - March 26, 2016**

**10:30am - 12 Noon**

**Your God-Given Potential:**

**A New Look at the 12 Powers Within You**

**Unity of San Luis Obispo**

12 week class taught by Rev. Leona Evans.

<http://www.unityslo.org>

**Sunday, January 10, 2016**

**11:30am**

**Charley Thweatt Concert**

**Unity Center for Inspired Living / Brentwood**

Join us after the Sunday Service

<http://www.brentwoodunity.org>

**Sundays**

**12:30 - 2:30pm**

**Unity Basics I - January 10, 2016**

**Unity Basics II - January 17**

**Unity Prosperity 101 - January 31**

**Unity of Santa Rosa**

Margaret Flick will be leading a series of three classes. Please join us.

**January - March Schedule of Classes**

**Unity of Walnut Creek**

**Sunday, January 10, 2016**

**2:30-4:30pm**

**Radical Forgiveness Ceremony**

Led by Rev. Sheila Gautreaux

**Monday, January 11 – February 29, 2016**

**7:00 - 9:00pm**

**Living, Being, Creating from Your Sacred Heart**

Taught by Will Scott, MA.

**Monday, January 11 – February 29, 2016**

**7:00 - 9:00pm**

**The Science of Metaphysics for the Non-Scientific**

Taught by Ron Salazar, LUT

**Tuesdays, January 12 – March 1, 2016**

**7:00 - 9:00pm**

**The Power of Compassion**

Taught by Rev. David McArthur and Jeanne Fuson.

**Tuesdays, January 12 – March 1, 2016**

**7:00 - 9:00pm**

**The Secret to Creating a Life You Love**

Taught by Jolen Philbrook.

**Thursdays, January 14 – March 3, 2016**

**7:00 - 9:00pm**

**Spiritual Development – An Inside Job**

Taught by Revs. Sheila Gautreaux and Cindy Farris

<http://www.unityofwalnutcreek.com>

**Wednesday, January 13, 2016**

**7:15pm**

**The Medicine Wheel - A Walk to Wholeness**

**Unity in Marin/Navato**

Led by Rita McClain and Paula Abowd.

<http://www.unityinmarin.org>

**Thursday, January 21 - February 18, 2016**

**12 Noon - 2:00pm**

**Lessons In Truth**

**Unity of Roseville**

*Taught by Rev. Margie Brach*

<http://www.unityroseville.com>

**Saturday, January 23, 2016**  
**1:00-5:00pm**  
**Dream Journeys Workshop**  
**Spiritual Life Center/Sacramento**

Facilitated by Tess Keehn.  
<http://www.slcworld.org>

**Saturday, January 23, 2016**  
**1:00-5:00pm**  
**Be Peace 1 course**  
**Unity of Stockton**

Sheila Johnson and Tina Bakly will facilitate, registration is required. For fees please check out the website.  
<http://www.unityofstockton.com>

**Saturday, January 30, 2016**  
**12 Noon - 3:00pm**  
**Prayer Chaplain Workshop**  
**Universal Heart Center/Crescent City**

Taught by Laurie Minsal, LUT, If you hear the inner call to pray with others learn about holding the spiritual space, listening, prayer, change/grief, confidentiality, and wellness calling. Contact Laurie Minsal at 661-478-2975 or spirit101@qnet.com

**Tuesday, February 9, March 8, April 12, 2016**  
**1:00 - 3:00pm**  
**Spiritual Writing Workshop**  
**Unity Center of Davis**

A monthly workshop led by Rev. Robyn Plante  
<http://www.unityofdavis.org>

**February 26, 27, 2016**  
**Friday, February 26, 7:30 – 9:30pm**  
**Saturday, February 27, 9:30am – 4:30pm**  
**Board and Key Leader Event**  
**Unity of the Valley Spiritual Center, Vacaville**

Rev. Charline E. Manuel is the keynote speaker presenting her book, "The Power of One Accord" for Boards: 7 Spiritual Keys to Consensus Building for Spirit Led Boards. Now is the perfect opportunity to bring your board for some fantastic training. It will be well worth the time!

<http://www.unitywestcentralregion.org/wcr-region-wide-events>

**Sunday, February 28, 2016**  
**Guest Speaker, Kelly Isola**  
**Unity of Stockton**

She will be attending our West Central Region Key Leader Event and will be available for Talks or Workshops on Spiritual Intelligence, The Q Effect and Muppet Theology.

Kelly also has some good Board training material on telling the difference between a Polarity vs. Problem. She can be contacted through her website.

[www.kellyisola.com](http://www.kellyisola.com).

## **News and Ongoing Services**

Submitted by the West Central Region and Unity Centers in our Region

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### **Matching Grants for Unity Churches**

For more information click on this link

<http://friendsofministry.com/matching-grants/>

### **You Don't Have to Do This Alone**

Ministry can be a mixed bag; rewarding, challenging and sometimes lonely. As Regional Chaplain, I am offering my services to you as a partner in ministry.

I am here if you would like to pray, vent, or if you would like a companion on your journey. I have been making quarterly calls to each of you (I hope you are getting your messages) to offer support and remind you of upcoming events in the region.

Additionally, UWM has approached me to work with our region to be a Prayer Chaplain, making monthly calls and leaving prayers on your voice mail. Please let me know of significant events in your life for which you would like support.

If you do not want to receive my calls as Regional Chaplain or monthly calls in my role as UWM chaplain please let me know.

My number is: 707-279-1580, my email is [unitymargaretf@gmail.com](mailto:unitymargaretf@gmail.com)

Many blessings and my love to you all.

*Rev. Margaret Flick*

## **Good News Letter Unity of Palo Alto**

Each quarter the Good News letter provides insightful articles along our quarterly theme and in-depth information about what's happening at Unity Palo Alto. Everything from holiday service schedules, concerts and spiritual growth classes. The latest edition of is here. Thank you for subscribing! [Read the latest edition](#)

We are pleased to provide you with the Good News Letter in PDF format. If you do not have the Adobe Reader [download the latest version for free from Adobe.](#)

## **New on Unity Online Radio! Wednesdays at 2:00pm (PT) Rev. Maggie**

Join Rev. Maggie on her new hour-long radio show, "Creative Spirit: Connecting Art and Soul," on Unity Online Radio.

## **Blog for Youth and Family Educational Resources Kristen Bowman, LUT**

Kristen is the Youth and Family Ministry Director at Unity in Marin, and WCR Board Member. She has created a blog for Youth and Family Ministry Educational Information. This is a much-needed and very welcomed addition to our regional resources. There is information about curriculum, spiritual education, training, contacts, and much more. Please check it out [here](#) and feel free to forward your Youth Ed teacher's information to <http://westcentralregionyfm.blogspot.com/p/events-andtrainings-in-west-central.html>

## **SEE in the Field**

Please go to our West Central Region's website for upcoming SEE courses. You can search by date or location. <http://www.unitywestcentralregion.org>

## **Facebook Page**

Become a friend on our Facebook page and you can post events happening at your center. Go to Facebook, search for West Central Region and "like" the page. When you post an event be sure to list the date, time and who to contact about the event.

## **Our Goal**

Is to keep you informed of news that impacts our region's ministries and about upcoming events. If you have articles, news, events or best practices and you would like to share with the region, email them to [wcrkris@earthlink.com](mailto:wcrkris@earthlink.com) for possible inclusion in future newsletters. Your feedback about this newsletter is also appreciated.

