

Upcoming events and news in the West Central Region.

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Upcoming Events & News



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West Central Region

A Positive Path for Spiritual Living



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May 2016 West Central Region Newsletter

Submitted by the West Central Region (WCR) and Unity Centers in our
Region

Check out Unity West Central Region's Website
and see what we can offer you!

<http://www.unitywestcentralregion.org/>

Calendar of Events

May WCR newsletter

General Note: Please check the **SEE** class calendar on the WCR website
at <http://www.unitywestcentralregion.org/location> or <http://www.unitywestcentralregion.org/start-date>.

Classes are being held this month in Roseville and Vacaville.

May 1 & 8

Sundays 12:00-2:00pm

Unity in Marin (Novato)

Unity Basics (6-non-consecutive-week class)

Taught by Rev. Rita Marie Johnson

May 4, 11, 18, 25

Wednesdays, 2:00pm

Unity Spiritual Center of San Francisco (Ocean Ave.)

Rev. Maggie's Weekly Radio Show - Connection Art and Soul - on unity.fm

Features a different guest each week

May 6, 13, 20, 27

Fridays, 7:00pm

Unity Spiritual Community in Citrus Height

Ecstasy: Understanding the Psychology of Joy (Reading Group)

Location: 7550 Gallant Circle, Citrus Heights

Facilitated by Rev. Carla Comiter

<http://www.unitycitrusheights.org>

May 11, 18, 25

Wednesdays, 6:30pm (silent meditation), 7:00pm (service)

Unity of the Valley Spiritual Center

Midweek Service

Facilitated by the Prayer Chaplains

May 13

2nd Fridays, 7:00pm

Unity Spiritual Center of San Francisco (Ocean Ave.)

Journey with the Crystal Singing Bowls

Led by Mark Babiarz

May 13

Friday, 7:00pm (service at 6:00pm)

Unity of the Sierra (Carson City, NV)

Concert with Anton Mizerak and Laura Berryhill

They will also be the special music for the Friday evening service

<http://www.unityofthesierra.org>

<http://www.shastasong.com>

May 15

Sunday, 11:45am

Unity at the Lake (South Lake Tahoe)

Concert by Anton Mizerak and Laura Berryhill

They will also be the guest speakers and special music for the Sunday service)

Flyer <http://www.unityatthelake.org>

<http://www.shastasong.com>

Region-Wide

May 13-15

Annual Unity Men's Retreat

Zephyr Point Conference Center, Lake Tahoe, NV

Contact Rick Arnold, 775-720-3907 or rick.nvo@gmail.com for additional information.

[Brochure](#)

May 13-15

Special YE Workshop/Training Retreat + YOU Spring Rally

Sierra Outdoor School at Five Mile Creek, Sonora, CA

[Flyer](#)

[Registration Form](#)

May 13

Friday, 7:00pm

Unity of Auburn

Ronny Cox in Concert

<http://www.unityofauburn.com>

May 23

4th Mondays, 6:00pm

Unity of Auburn

The Frontiers of Consciousness

Taught by Rev. Mark Schindler

<http://www.unityofauburn.com>

May 15

Sunday, 1:00-3:00pm

Unity Spiritual Center of San Francisco (Ocean Ave.)

SoulCollage Workshop

Facilitated by Dr. Linda Shanti McCabe

May 15

Sunday, 12:15pm

Unity of Santa Rosa

Open Heart, Open Perceptions

Facilitated by Heather Ash Amara

May 15

Sunday, 12:00-2:00pm

Unity of Oroville

An Afternoon Concert of Love and Inspiration

Concert by Niobel (from Cuba) and Friends

<http://www.unityoforovillechurch.org>

May 15, 22, 29; June 5, 12

Sundays, 1:00-3:00pm

Unity Center of Davis

Prosperity Class (5-class series)

Using Jim Rosemergy's book *Even Mystics Have Bills to Pay: Balancing a Spiritual Life and Earthly Living*

<http://www.unityofdavis.org>

May 17, 24, 31; June 7, 14, 21

Tuesdays, 7:00-8:30pm

Unity in the Gold Country Spiritual Center (Grass Valley)

Beyond Fear to Wholeness - Cellular Memory Release

Facilitated by Savannah Hanson

This is a 6-class series – the introduction can be stand-alone and is the first of the series. Check for fees.

<http://www.unitygold.us/>

May 20

Friday, 7:30-10:00pm

Unity in Marin (Navato)

Life After Death

Speaker is author RaNelle Wallace

<http://www.unityinmarin.org>

Friday, May 20, 7:00-9:00 pm and Saturday, May 21, 9:00 am-5:00 pm

[Spiritual Renewal Retreat - He Restores My Soul](#)

Cost: Individuals: \$75 advanced registration (\$95 after May 2); Couples: \$120 advanced registration (\$145 after May 2)

The opportunity to spend a day in spiritual renewal is something the soul longs for. You can give that beautiful gift to your soul this May. Our Unity campus will become a retreat center Friday evening and Saturday as we take the time to journey within, connect together, enter the silence and experience the power of song and prayer.

May 20 and 21

Friday, 6:30-10:00pm; Saturday, 9:00am-7:30pm

Unity of Sacramento (Folsom Blvd.)

Mean Time Love Retreat

Registration Required

Facilitated by Anita Ross

<http://www.unityofsacramento.com>

May 21

Saturday, 7:30pm

Unity of Oroville

Karl Anthony Concert and CD Release Party

(He will also provide the special music at the Sunday service)

<http://www.unityoforovillechurch.org>

May 21

Saturday, 11:00am

Unity of Fresno

Growing Church Consciousness

Facilitated by Rev. Steve Walling

<http://www.unityoffresno.org>

May 22

Sunday, 12:30-2:00pm

Unity Five Cities (Arroyo Grande)

Concert and Silent Auction in the Victorian Garden

Featuring *Narayan and Janet Baltzo*

<http://www.narayanjanet.com/>

<http://www.unity5cities.org>

May 23

4th Mondays, 6:30pm

Unity Spiritual Center of San Jose

BePeace Practice Group

Facilitated by Honna Weaver

May 24, 31; June 7, 14, 21, 28; July 5

Tuesdays, 6:30-8:30pm

Unity of Stockton

Studying "The Circle" by Laura Day (7-class series)

Facilitated by Jimmy Moreno

<http://www.unityofstockton.com/>

May 25

Wednesday, 7:15pm

Unity in Marin (Navato)

Exploring India's Most Beloved Sacred Holy Sites and Music

Facilitated (and music performed) by Mirabai

<http://www.unityinmarin.org>

May 28

Saturday, 7:00-9:00pm

Unity Chapel of Light (Santa Maria)

Dances of Universal Peace

Led by Brenda Nur Latifa Crane

<http://www.unitysantamaria.net>

May 29

Sunday, 12:30-2:00pm

Unity of Merced

Sunday Afternoon Concert by Charley Thweatt

Here Between Heaven (Charley will also be the Sunday service guest speaker)

<http://www.unitymerced.org>

June 3 & 4

Friday, 7:30pm (reception 6:45pm); Saturday, 6:30pm (reception 5:45pm)

Spiritual Life Center (Sacramento)

Mystic Cafe - A Thing About Wings

The SLC Music and Arts Ministry presents "Enora and the Black Crane" - an aboriginal tale

An evening of food, music, dance and spoken word

<http://www.slcworld.org>

June 4

Saturday, 2:00 - 10:00 pm

Unity of Walnut Creek

[Aumakua Celebration](#)

Cost: \$20 online (aumakuaheartcenter.com); \$25 at the door

Celebrate Aumakua Heart Center's one-year anniversary with a day filled with laughter, community and love! Activities include classes, workshops, live music, games, vegan food, face painting, henna. Our June theme is BlessedFest, creating memories of love.

Mark Your Calendars!

Thursday & Friday, October 13 & 14, 2016

The Ministers' and Licensed Teachers' Annual Meeting

Joining us for our time together will be Jim Gaither!

Registration forms and additional information will be coming your way soon.

News and Ongoing Services

Submitted by the West Central Region and Unity Centers in our Region

Matching Grants for Unity Churches

For more information click on this link

<http://friendsofministry.com/matching-grants/>

You Don't Have to Do This Alone

Ministry can be a mixed bag; rewarding, challenging and sometimes lonely. As Regional Chaplain, I am offering my services to you as a partner in ministry.

I am here if you would like to pray, vent, or if you would like a companion on your journey.

I have been making quarterly calls to each of you (I hope you are getting your messages) to offer support and remind you of upcoming events in the region.

Additionally, UWM has approached me to work with our region to be a Prayer Chaplain, making monthly calls and leaving prayers on your voice mail. Please let me know of significant events in your life for which you would like support.

If you do not want to receive my calls as Regional Chaplain or monthly calls in my role as UWM chaplain please let me know.

My number is: 707-279-1580, my email is unitymargaretf@gmail.com

Many blessings and my love to you all.

Rev. Margaret Flick

Good News Letter

Unity of Palo Alto

Each quarter the Good News letter provides insightful articles along our quarterly theme and in-depth information about what's happening at Unity Palo Alto.

Everything from holiday service schedules, concerts and spiritual growth classes. The latest edition of is here. Thank you for subscribing! [Read the latest edition](#)

We are pleased to provide you with the Good News Letter in PDF format.

If you do not have the Adobe Reader [download the latest version for free from](#)

Adobe.

New on Unity Online Radio!

Wednesdays at 2:00pm (PT)

Rev. Maggie

Join Rev. Maggie on her new hour-long radio show, “Creative Spirit: Connecting Art and Soul,” on Unity Online Radio.

Blog for Youth and Family Educational Resources

Kristen Bowman, LUT

Kristen is the Youth and Family Ministry Director at Unity in Marin, and WCR Board Member. She has created a blog for Youth and Family Ministry Educational Information. This is a much-needed and very welcomed addition to our regional resources. There is information about curriculum, spiritual education, training, contacts, and much more. Please check it out [here](#) and feel free to forward your Youth Ed teacher’s information

to <http://westcentralregionyfm.blogspot.com/p/events-andtrainings-in-west-central.html>

SEE in the Field

Please go to our West Central Region’s website for upcoming SEE courses.

You can search by date or location.

<http://www.unitywestcentralregion.org>

<http://www.unitywestcentralregion.org/start-date>

<http://www.unitywestcentralregion.org/location>

Facebook Page

Become a friend on our Facebook page and you can post events happening at your center. Go to Facebook, search for West Central Region and “like” the page. When you post an event be sure to list the date, time and who to contact about the event.

Our Goal

Is to keep you informed of news that impacts our region's ministries and about upcoming events. If you have articles, news, events or best practices and you would like to share with the region, email them to wcrkris@earthlink.com for possible inclusion in future newsletters. Your feedback about this newsletter is also appreciated.



Our Mailing Address for mail and tithes is NEW! PO Box 2829, Santa Clara, CA 95055

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